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Atlas Treatment for Clients in Scheibbs

SCHEIBBS (Austria), January, 26th 2016 – Since the beginning of this year the “Atlas Body Center” offers atlas treatment in Scheibbs. Aligning the topmost vertebra helps to restore the natural position of the spine and helps to overcome slipped discs, dizziness and other impairments of the musculoskeletal system.

The atlas is the topmost vertebra and therefore the link between your head and the body. A misaligned atlas has a negative influence on body statics which might cause an askew pelvis, painful joints or monotonous strain on muscles. Typical symptoms of a misaligned atlas are:

- Headache
- Back Pain
- Slipped Disk
- Neck Strain
- Sciatica
- Lumbago

The Atlas Body Center is managed by Martina Prankl, who is trained and experienced in atlas energetics and treatment. She explains atlas alignment as *„a soft and absolute safe way to center the atlas to its natural position and thus reducing or even eliminating complaints“*. A typical session begins with a comprehensive conversation with the client to figure out the complaints and ambient conditions. After the goal of the session is defined there is a leg length test to figure out if there is a pelvic obliquity. Subsequently the exact position of the atlas is detected by sensing at the neck and behind the ears. *„Sensing the exact position of the atlas requires a lot of sensitivity and experience*

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because you need to figure out if the atlas is shifted, rotated or tilted,“ empathizes Martina Prankl. After the position of the atlas is clarified it will be slightly set into a vibrating motion and the atlas starts itself to get aligned. For most clients it feels like their upper body is kind of wobbling. After the treatment the client gets some relaxation and the further procedure is discussed. *„Even in the first weeks we have been fully booked,*“ says Martina Prankl *“and we had very interesting talks with our clients. Especially our pleasant atmosphere in our premises makes it enjoyable for all of us.”* The “Atlas Body Center” is located in Scheibbs, Austria, Hauptstrasse 5.

Contact

Atlas Body Center
Hauptstrasse 5
3270 Scheibbs
Austria

Martina Prankl
info@atlas-body-center.com